

# Beginner Mitts

by Dani Sunshine and Kate Metherell.



## Yarn:

Approximately 55 yards / 50 metres bulky weight yarn.

Recommended yarns: Malabrigo Yarn Chunky, De Rerum Natura Cyrano.

## Needles:

US 9 / 5.5mm straight or circular needles.

## Notions:

Tapestry needle.

## Gauge:

14 stitches & 22 rows per 4 inch / 10 cm square in stockinette stitch.

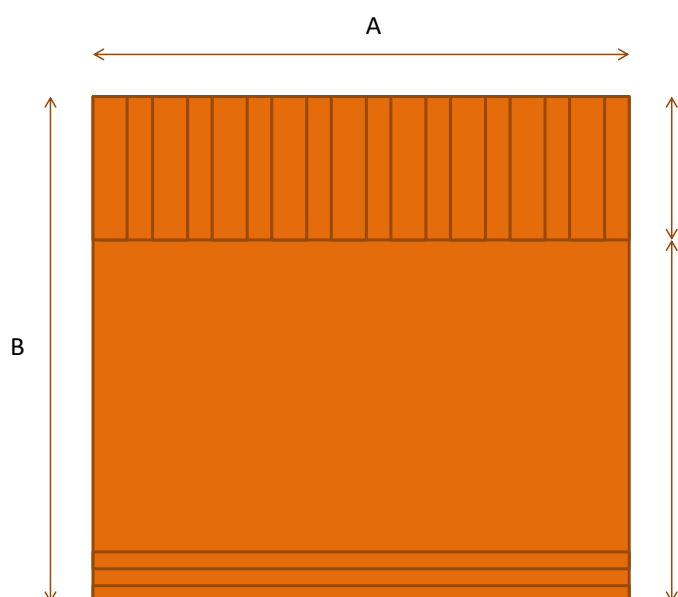
Gauge is measured most easily by knitting a square swatch with the yarn and needles you intend to knit with, then washing it the way you will wash the finished item and measuring it. It is usually recommended to knit a swatch large enough to be able to measure the number of stitches that fit inside a four inch / 10 cm square, knitting the most common stitch pattern in the piece you are making. Everybody knits differently, and how tightly you knit and the needle size you use affects the size of your stitches.

## Sizing:

Finished Mitt Circumference 7 inches / 18 cm

To fit hand & wrist size 6.5-7.5 inches / 16.5-18 cm.

Size can be easily adjusted by adding or subtracting an even number of stitches. To increase or decrease the size by approximately 1 inch / 2.5 cm, add or subtract 4 sts.



A) 7 inches / 18 cm.

B) 6 inches / 15 cm.

C) 1.5 inches / 4 cm.

D) 4.5 inches / 11.5 cm.

**To begin:**

Cast on 26 stitches using the long tail cast on method, leaving a 10 inch / 25 cm tail for seaming.

I recommend this video tutorial from Sheep & Stitch for the long tail cast on:

<https://www.youtube.com/watch?v=SXA3gBNiSiM>

It should look like this:

**Knit 4 rows.**

**Garter stitch** (knit every row). Each set of two knit rows makes one garter 'ridge'.

There are 3 garter ridges on the right side (front) of the work – pictured below. The first was formed when you cast on your stitches, then one for every two rows worked:

**Right Side and Wrong Side:**

Odd numbered rows are right side rows (the side of your work you want to show) and are labelled in patterns 'RS'. Even numbered rows are wrong side rows (usually the back of your work) and are labelled 'WS'.

You will know when you are working a right side row in this piece, because the 'tail' from your cast on stitches will be on the right hand side, near your needle tip.

**Repeat the following 2 rows 10 times for a total of 20 rows, or until piece measures approximately 4.5 inches / 11.5 cm from cast on edge:**

**Row 1 (RS):** Knit to end of row.

**Row 2 (WS):** Purl to end of row.

This is called **Stockinette Stitch** (alternating knit rows and purl rows).

On the right side (front) it looks like rows of 'v's, on the wrong side, like little bumps .

Your work should look like the pictures below.

**Right Side:**



**Wrong Side:**



Work 10 rows of 1 x 1 ribbing (**k1, p1**) as follows for 10 rows or until piece measures approximately 6.5 inches / 16 cm from cast on edge:

Remember to bring the yarn **between the needles** to the front after each knit stitch to make a purl stitch and after each purl stitch, bring the yarn to the back **between the needles** to make a knit stitch.

**1 x 1 Ribbing:**

\*K1, p1, repeat from \* to end of row.

Your work should look like columns of stacked vs. In between them you can see columns of stacked purl bumps.



**Bind Off all stitches loosely 'in pattern' on the Right Side:**

*Take care not to pull the yarn too tightly between stitches, to avoid the cuff being too small!*

Work 2 stitches in ribbing pattern (k1, p1) as above.

\*Insert the left needle tip into the first stitch on the right hand needle. Pass the first stitch over the second stitch and off the needle.

Work 1 stitch from left hand needle.

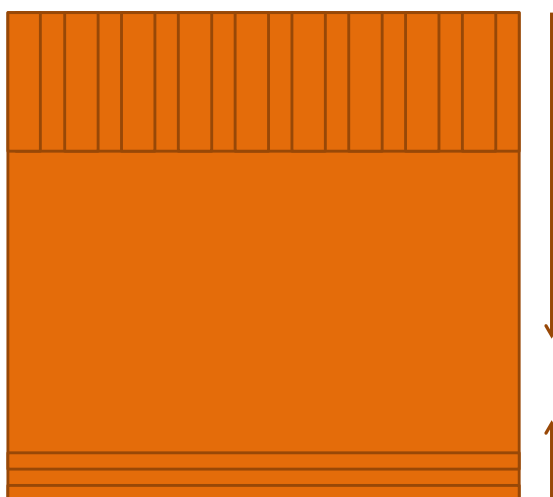
Repeat from \* until 1 stitch remains on right hand needle.

Cut yarn leaving a 12 inch / 30 cm tail for seaming and pull it through the remaining stitch.



Use mattress stitch to seam the sides of the mitten together in the direction of the arrows on the picture below. Leave a gap the length of 6 rows or 1 inch / 2.5 cm for the thumb, approximately 1 inch / 2.5 cm from the cast on edge. Secure and weave in ends. Now make another!

If you find it difficult to see what you're doing, you could use a different colour yarn. Choosing a finer yarn would make the seam less bulky.



The Knit Stitch Video Tutorial:

[https://www.youtube.com/watch?v=lsrAA4djRIa&list=PLlALQuK1NDRh5bCuGCRkg3VU6QuI\\_9oVw&index=1](https://www.youtube.com/watch?v=lsrAA4djRIa&list=PLlALQuK1NDRh5bCuGCRkg3VU6QuI_9oVw&index=1)

The Purl Stitch Video Tutorial:

[https://www.youtube.com/watch?v=f66Rk8ZKS\\_4](https://www.youtube.com/watch?v=f66Rk8ZKS_4)

Mattress Stitch Video Tutorials:

Wool and the Gang:

<https://www.woolandthegang.com/how-to/knit/vertical-invisible-seaming>

Purl Soho:

<https://www.purlsoho.com/create/mattress-stitch/>